

ECYSA Fact Sheet

Revised July 2025

	G4	G6	G8	G10	G12PG
	Grade 3/4	Grade 5/6	Grade 7/8	Gr. 9/10	Gr. 11/12/PG

Players

Maximum # on Field	7	9	11	11	11
Minimum # on Field	5	6	7	7	7
Maximum Roster Size - ECYSA	14	18	22*	22*	22*
Maximum Roster Size - MTOC	N/A	18	22*	22*	22*
Minimum Suggested Team Size	10	12	13	13	13

* see ECYSA Town Rules 1.A.13

Playing Field (all dimensions in yards, unless stated otherwise)

Maximum Size	45 x 60	55 x 80	100 x 130	100 x 130	100 x 130
Minimum Size	35 x 45	45 x 70	50 x 100	50 x 100	50 x 100
Center Circle Radius	8	8	10	10	10
Penalty Area	14 yd line	14 x 34	18 x 44	18 x 44	18 x 44
Penalty Kick Spot from Goal Line	No PKs	10	12	12	12
Penalty Arc Radius from PK Spot	N/A	8	10	10	10
Goal Area Size	4 x 8	5 x 16	6 x 20	6 x 20	6 x 20
Coaches Technical Area Size	3 x 10	3 x 10	3 x 10	3 x 10	3 x 10
Technical Area Distance from Midfield	5	5	5	5	5
Technical Area Distance from Touchline	1	1	1	1	1
Maximum Goal Size (feet)	6 x 18	7 x 21	8 x 24	8 x 24	8 x 24
Minimum and Recommended Goal Size (feet)	6 x 12	6 x 18	8 x 24	8 x 24	8 x 24
Corner Arc Dimensions	1	1	1	1	1

Fields

Maximum # Teams Rostered per Field (Fall)	9	9	9	N/A	N/A
Maximum # Teams Rostered per Field (Spring)	10	10	10	5	5

Games

Ball Size	#4	#4	#5	#5	#5
Duration of Half (minutes)	25	30	35	40	45
Second Chance Throw-Ins	1	0	0	0	0
Offside Starts	Attacking penalty area	Inside the attacking half field			
Goalkeeper Release (see G4 and G6 exceptions)	Cannot go directly over halfway line	Cannot go directly into opposing penalty area	N/A	N/A	N/A

Miscellaneous

Heading/Attempting to Head the Ball	No**	No**	Yes	Yes	Yes
Earrings, Watches, Wrist Bands, etc.	No	No	No	No	No
Casts or Splints with Rigid Matter in them	No	No	No	No	No
Soft Hair Items - yarn, pre-wrap, rubber bands	Yes	Yes	Yes	Yes	Yes
Sweat Shirts worn UNDER uniform jersey	Yes	Yes	Yes	Yes	Yes
Sweat Pants worn OVER uniform shorts	Yes	Yes	Yes	Yes	Yes
Shin Guards - REQUIRED	Yes	Yes	Yes	Yes	Yes
Socks REQUIRED over Shin Guards	Yes	Yes	Yes	Yes	Yes
Sleeves REQUIRED over Knee Braces	No	No	No	No	No

** Per US Soccer and Mass Youth Soccer